### Office of the Principal

### RANGAPARA COLLEGE, RANGAPARA

### ৰঙাপৰা মহাবিদ্যালয়, ৰঙাপৰা

(Affiliated to Gauhati University, UGC Recognised under 2(f) & 12 (B) P.O.- Rangapara, Dist - Sonitpur 784 505

Dr. Ranjan Kalita, M.A. MMC, Ph.D. Principal

Research Supervisor, G.U.

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### **Report on World Stroke Day**

### Organized by

#### Health and Personality Development Council, Rangapara College

Date-29-10-2021

Time-10.30 A.M onwards

Chairperson : Dr. Ranjan Kalita, Principal, Rangapara College

Convener

: Mr. Lohit Ch. Baishya, Assistant Professor, Department of Political Science,

Rangapara College

Chief Guest /Resource Person: Dr. Benudhar Nath, Professor, Deptt. of Community Medicine, Tezpur Medical College & Hospital, Tezpur.

&

Dr. Jemin J Webster, MD, Consultant Physician, Baptist Christian Hospital, Tezpur

Theme of the Programme: Minutes Can Save Lives

#### **Objectives:**

- 1. To familiarize and make people conscious about the concept of stroke.
- 2. To create awareness on how to prevent stroke.

#### Summary of the Programme:

The programme began with the lighting of lamps. Dr. Gitartha Kaushik Borthakur, Assistant Professor, Zoology acted as the host of the programme. The welcome speech was delivered by Dr. Ranjan Kalita, Principal, Rangapara College.

Dr. Benudhar Nath, Professor, Deptt. of Community Medicine, Tezpur Medical College & Hospital, Tezpur explained the concept of stroke and mentioned the different reasons for the stroke and how to prevent it. He also mentioned that eating excessive salt is one of the major reasons for stroke among the tea-tribe people of this area.

Dr. Jemin J Webster, MD, Consultant Physician, Baptist Christian Hospital, Tezpur explained the

(Dr. Ranjan Kalita)
Principal
Rangapara College

(Dr. Ranjan Kalita) Principal Rangapara College importance of each minute of the first hour of stroke occurring patients and what measures need to be taken. During his discussion, Dr. Jemin J Webster had also explained how to get 24x7 free ambulance service by dialing the free helpline number 91260 91260.

After thoughtful detailed discussion, the faculty members and students interacted with the resource persons. They asked different questions related to stroke and both the resource persons answered all those questions in an interesting way. The faculty members and students opined that they have got a lot of knowledge and information from the discussion.

#### Vote of Thanks:

At the end of the programme, vote of thanks was offered by Dr. Ranendra Mohan Deka, Vice-Principal, Rangapara College. Thereafter the Principal of the college declared the meeting to end.









(Dr. Ranjan Kalita)
Principal
Rangapara College
(Dr. Ranjan Kalita)
Principal
Rangapara College

(Lohit Ch. Baishya) Convenor

## RANGAPARA <sup>COL</sup>LEGE RANGAPARA::SO<sup>NITP</sup>UR::ASSAM LIST OF PARTICIPA<sup>N</sup>TS: STUDENT

Title of the event: Date: 29-10-2021 WORD STROKE DAY Department/Cell: Digital Class room Awareness Programme on Heardy Type of activity: No. of Participant: SI Signature Class Roll No. Stream Name No. Kangina Borro B.A.SH UA-191-229-0288 Kangina Boro Ark 1. B.A.5h UA-191-229-0200. Ashich Rayon Boron. Ashieh Raylan Barah. Arls-BASH UA-191-229-0283 Raj medhi Raj Meali Ants 31 Sushil Draimony BASTh VA-191-229-0332 Sushil Drimary Ants B.ABLh UA-191-229-0311 Soutant Saha Samlanu Saha ANES 6. B.A5th UA-191-229-005 Subhan Paul Subhans Paul Ants BASTA UA-191-229-0112 Pronoboroug 7 framaboring And B.A 1st CLA-211-229-0309 Ramaley Njunder Arets & Ramoler Munda Sonita BORD Commerce B.com 1st UC. - 211 - 229-002 Sunita Boro NA-211-229-0358 Sanjoy Baghares BA 1st Azts Sanjoy Baghwar UA-191-229-88 Mala Sarkan Mala Sarkas B.Asth Ants 11 3.A1st UA-211-229-0316 Rosida Khalim Anti 12 Rasida Khaten Sweath Santi Commence B.com 1 VC-211-229-0104 Sureath Yanti UA-211-229-0528 Shiber Noto Shiba North BA18 AVIS Commance 6:00 12 UC-211-0068 Rankangara Nov zam 4A-191-229-0A Swapner Konduly BASH 16 Swapny Kondulny Ants BAIST UA-211-229-0317 Rasmi khari'a Rasmi khari'a ALMA 18 Commence 13.com UC-211-2297-07/06 Bilosh Kachung Arts BA Frist VA-211-229-0371 Sichart Torti Bilash Kachuwa 20 Sichant Tanti BAST 14-191-229-0159 80100 Auta Sibprasad Das

(Dr. Ranjan Kalita)
Principal
Rangapara College

Signature of the HOD/Cell-in-charge/ Co-ordinator of the event

# RANGAPARA COLLEGE RANGAPARA::SONITPUR::ASSAM LIST OF PARTICIPANTS: STUDENT

Date: 29-10-2021 Title of the event: WORLD STROKE DAY

Department/Cell:

Digital Class room

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No. of Participant:

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(Dr. Ranjan Kalita) Rangapara College Signature of the HOD/Cell-in-charge/ Co-ordinator of the event